

Hello. /We will begin the second lecture on pastoral theology. /In our last lecture we studied the calling and character of pastors. /Next, we will look at the prayer life and studies of a pastor.

/3. A Pastor's Prayer Life and His Studies. /A pastor is like a tool (or instrument) that is in God's hands. /If a tool is rusty or a piece of it breaks off, God cannot use it to its fullest. /Therefore, a pastor must always look after himself so that he would be an acceptable instrument ready to be used by God.

/In order for him to do this, he must always diligently pray, and diligently study. /Let's first look at the pastor's prayer life. /A pastor's work is ultimately spiritual work. /A pastor is in spiritual warfare with the world, the devil, and with sin.

/Thus, a pastor must not cut out time of prayer no matter how busy he may be. /When we fail to pray, we fail to manage ourselves. /If a pastor fails to pray, he will fail in ministry. /Jesus lived a life of prayer.

/The Lord fasted and prayed for forty days before He began his public ministry. /The Lord also prayed habitually at dawn every morning. /Jesus prayed at the Garden of Gethsemane with sweat like drops of blood falling to the ground.

/Jesus also prayed for His enemies on the cross. /Therefore, a pastor must model himself after Jesus and continually pray. /Jesus prayed, and if weak and corrupted man does not pray, he will not be able to carry out the calling God entrusted him with.

/A pastor must get up early in the morning. /A pastor must choose a set time for prayer. /A pastor must pray even harder when he faces difficulties in ministry. /Martin Luther, a man who led a religious reformation, said the following.

/"I pray an average of two hours a day. /However, when I'm busy I pray three hours a day." /This was because the busier he was, the more strength he needed from God. /In the same way, a pastor must pray at least two hours a day.

/It is even better if we can pray more than two hours a day. /We must pray diligently every day and become God's strong workers. /Then what must we specifically pray about?

/It is important that we first repent of our sins. /A pastor always teaches God's word. /Yet, he must repent of failing to live by his own teachings of the Bible. /A pastor must repent for failing to obey God's word even while knowing.

/We must repent that we are not more like Jesus. /We must not only repent when we pray, but we must also pray prayers of thanksgiving for God's grace. /We must give thanks for the grace of forgiveness of sins through the blood of Jesus, and also that God has chosen us to be his children.

/We must also give thanks that God gave us the eternal kingdom of heaven as inheritance. /We must give thanks that God specially called us to be his workers. /We must also give thanks that God is always with us and that he always helps us.

/We must also ask of God. /This means that we must ask God to help us. /Solomon asked for wisdom to handle God's work. /A pastor must also pray daily for God's wisdom.

/A pastor can do God's work well only when God helps him. /Therefore, when we pray daily to God, we must ask God to help us do his work well. /A pastor must also ask that his soul grow more and more.

/A pastor must ask that he would better understand God's word. /A pastor must also pray for the church and the believers that God entrusted him with. /A pastor must especially pray for believers and the church, which is his calling to do so.

/Samuel confessed that he did not sin against the LORD by failing to pray for the Israelites. 1 Samuel 12:23. /Today, prayers must pray that the faith of the believers would grow, and he must also pray for the church.

/A pastor must also think about the circumstances of believers, and he must not cease to pray for them. /A pastor must also pray that the Lord's church would grow. /Furthermore, he must pray for his people, his country, and for world missions.

/There will be other prayer topics besides these that pastors will pray about, depending on their individual circumstances and situations. /It is important that the pastor pray diligently and ardently about all these things.

/Next, a pastor must diligently read the Bible and study it. /Believers must also read the Bible every day if they want to live by faith. /A pastor leads his sheep, and thus, he must set an example in reading the Bible. /He must read the Bible every day no matter how busy he may be.

/He must read the entire Bible two or three times a year. /In our seminary, we teach our students to read over ten chapters of the Bible a day. /If we read ten chapters of the Bible every day, we can read the entire Bible three times in a year.

/Reading the Bible and praying is communication with God. /A pastor must not let other things take away his time. /A pastor must strive to pray, /and he must diligently read the Bible.

/These are the most important things a pastor must do daily. /Furthermore, a pastor must not simply read the Bible, /but must diligently study the Bible. /A pastor preaches to believers several times a day.

/He must study and make considerable efforts to preach God's word. /Chefs continually study food. /They strive to make better dishes with better ingredients.

/Pastors must always study ways to provide believers with nourishment from God's word. /Matthew 24:45-46 says, /"Who then is the faithful and wise servant, whom the master has put in charge of the servants in his household to give them their food at the proper time?"

/A pastor has been put in charge of God's children in God's household. /A pastor must study the Bible daily so that he could give good food to God's children at the proper time.

/Some people say the following. /"We need only to pray and stand on the pulpit, and then we can preach with the inspiration that the Holy Spirit gives us in the moment." /This is wrong, and it is dangerous.

/Certainly, the Holy Spirit inspires pastors who stand on the pulpit. /However, if a pastor does not study God's word and does not prepare for his sermons /but think that the Holy Spirit will help him, it means that the pastor did not fulfill his responsibility.

/A pastor must become a researcher of the Bible, and he must study the Bible every day. /We must not prepare sermons by simply thinking about giving sermons on Sundays. /A pastor must have the habit of continually studying the Bible.

/He must study biblical hermeneutics, homiletics, and historical theology in seminary, /and he must also study the Bible with the Bible as the foundation of his studies. /Then he will be able to preach well.

/Pastor John MacArthur said the following about the difficulties of studying the Bible. /"It was difficult work in seminary. /I completed my first year and was relieved that it would all be over in two years. /Upon completion of my second year, I was relieved that it would be over in one year, and when three years were over, I believed it was all over.

/However, when I completed the difficult work and dived into ministry, I realized that it was not over. /There is no graduation in studying the Bible. /Twenty-five years have passed since then, and it's still difficult work. /It will still be difficult work twenty-five years from now."

/There is no end to the study of God's word. /We can dig into God's word, but there will be no end. God's word is a treasure that we cannot fully find. /A pastor must yearn for God's word, and must faithfully read and study the Bible wholeheartedly.

/A pastor must strive to read devotionals /along with his studies of the Bible. /God used worthy servants of God in the history of the church.

/There are stories about great men of faith such as John Calvin, John Wesley, John Owen, Jonathan Edwards, and Charles Spurgeon. /Pastors can examine themselves by reading biographies of leading godly men of faith.

/Pastors can sometimes be comforted and encouraged by them. /Not only that, but God made these men of faith compose many writings. /Christian classics would indicate writings by these men of faith.

/There are many books published today, but it is better to first read Christian classics. /Christian classics refer to theologically conservative and traditional theology. /The spiritual depth of books published today cannot compare with that of the classics.

/It is good for pastors to get into the habit of reading these books as often as they can. /The classics will help them in the growth of their knowledge and maturity of their faith. /We will wrap up the discussion on a pastor's prayer life and his studies.

/Next, we will study the pastor's health care. /**4. A Pastor's Health Care.** /A pastor prays from dawn. /He also continuously reads and studies the Bible. /Hence, he may lack sleep and spend many hours sitting. /At times, constant sermons and visits to believers can harm his health.

/Pastors also get mentally stressed through their relationships with believers. /Hence, it is necessary for pastors to properly take care of their health. /A pastor must take care of his health to carry out God's work.

/A pastor's health condition is directly related to his pastoral life. /Just as a healthy mindset comes from a healthy body, a pastor's health is crucial in nurturing his sheep.

/A pastor must get appropriate rest so that he could take care of his health. /Yet, if a pastor does not work but only gets rest, he will be ineffective in his work and he will damage his health. /A pastor must manage his time well, and work when he must work and rest when he must rest.

/It is good for a pastor to receive a formal vacation once a year, lasting four to five days. /A pastor's body and heart can be recharged through the vacation. /It is also important that pastors get appropriate amounts of sleep.

/It is best for individuals to get about six to eight hours of sleep every night. /It is not healthy for one to sleep too little or sleep too much.

/Therefore, it is important to figure out how much sleep one needs and get enough sleep. /A pastor must also manage what he eats. /We must eat a variety of foods.

/We must be careful not to overeat when invited for meals or when visiting believers' homes. /Lastly, we must exercise regularly. /If we say that we do not have time or that we are too tired to exercise, /we will grow physically weak and grow more tired, which will lead to loss of good health.

/Appropriate exercise can brighten one's mood and also help maintain good health. /It is

good to exercise at least three times a week, at least thirty minutes each time.

/If we have peers nearby, we can set times to exercise with them, /or we can walk lightly or go for a run alone. /Our bodies are God's temple where the Holy Spirit resides.

/We must not overwork ourselves, but take good care of our health. /That way, we can carry out God's work with strength. /Next, let's discuss the pastor's family life.

/5. A Pastor's Family Life. /Roman Catholicism insists on celibacy. /However, the Bible teaches that it is appropriate for God's workers to get married. /1 Corinthians 9:5 says that Peter's wife joined him in evangelizing.

/The apostle Paul was unmarried, but he said that it was because he received the gift of God. /1 Timothy 3:2 also says, the overseer must be a husband of one wife. /Hence, the Bible teaches that pastors must be married, with the exception of special cases.

/A pastor must not be overly occupied with family matters. /If he becomes occupied with his family and neglects God's work, his family has become his idol. /However, it is also not right for a pastor to completely ignore his family.

/1 Timothy 5:8 says, "If anyone does not provide...for his immediate family, he has denied the faith and is worse than an unbeliever." /A pastor gains a family under God's approval. /Therefore, a pastor must strive to be faithful to his duties as the head of his household.

/Most importantly, his family must be firmly built on faith. /The pastor's family must set a good example for believers to follow. /The most important part of a pastor's family life /is his relationship with his wife.

/Pastor Winn in the United States said, "A great pastor is one who can peacefully pilot his marriage." /1 Peter 3:7 says, "Husbands, in the same way be considerate as you live with your wives, and treat them with respect as the weaker partner and as heirs with you of the gracious gift of life, so that nothing will hinder your prayers."

/A pastor must know that his wife is the weaker partner. /Thus, the husband must treat his wife with respect and always give her his attention and affection. /There are always believers with difficult problems.

/Pastors will face many difficulties in ministry. /As a result, they might fail to show interest in their wives' problems or concerns.

/Because the pastor's wife relies most on her husband, she will get hurt. /The concerns in her heart will grow deeper. /There are cases where pastors' wives suffer from depression or morbid jealousy.

/Therefore, a pastor must not forget that his wife is a soul that he must take care of like

other believers. /Just as a pastor would visit weak believers and listen to their concerns and comfort them, /he must also listen to his wife's concerns, comfort her with God's word, and pray with her.

/It is not easy living as a pastor's wife. /Believers keep an eye on the pastor's wife in the church. /They observe and judge the pastor's wife on what she's wearing, on her attitude during service, and on how she speaks and acts.

/Thus, the pastor's wife cannot act freely in the church. /In the case of smaller churches, a pastor's wife must take the lead in serving at church. /Hence, a pastor's wife receives great mental stress.

/A pastor must understand this, and he must cherish and be considerate of his wife at home. /Above all, a pastor must truly love his wife. /A pastor must embrace his wife with the heart of Jesus, even if she may be lacking in some ways.

/Even if a pastor lacks time and materials that he could give his wife, he must truly love and comfort his wife. /A pastor must not only love his wife, but he must help her stand firm in her faith as his partner of faith.

/A pastor generally shows great interest in the faith of believers. /A pastor works hard to help believers grow in faith. /However, he can be uninterested in his wife's faith.

/A pastor must always pay attention to the spiritual state of his wife. /He must help her grow in faith and character. /In order for him to do so, he must make time for her.

/A pastor must not simply eat at home and converse about every day things. /A pastor must read the Bible with his wife. /It is good to discuss Sunday sermons with each other. /It is also important that a pastor prays with his wife.

/When necessary, it is important to inform each other about things that seem wrong before God. /It is important to give each other advice and counsel. /They must encourage and comfort each other with the Bible.

/The wife must also live a fruitful life in God's grace. /Then, the pastor will be able to carry out his calling with his wife's help.

/Second, let's discuss the education of pastors' children. /A pastor must not neglect teaching his children because he is too busy with work at church. /It is important that a pastor look after the spiritual state of his family.

/This is because a pastor's family can set a good example for other believers. /A pastor and his wife must discipline their children for their wrongdoings and must guide their children. /A pastor must not leave the children entirely in his wife's hands.

/Children need both a mother and a father. /Even if a pastor may not spend quantitative

time with his children, /he must always show affection for his children as a father, and he must personally communicate with his children.

/Pastor Anderson said, “A pastor needs time with his family.” /Pastor Anderson also said, “As the head of a household, it is important that a pastor make the attempt to at least have dinner with his family.”

/If circumstances allow it, it is good for a pastor to sometimes eat out with his family. /It is also important that a pastor chooses a time for regular family worship at home.

/As the head of the family, a pastor must hold family worship at home. /The pastor must personally teach God’s word to his wife and children. /In addition, the pastor must spend time in prayer with his wife and children.

/When he does so, his family will stand firm in the Lord as a family of faith. /1 Timothy 3:5 says, “(If anyone does not know how to manage his own family, how can he take care of God’s church?)”

/A pastor must not do well in “church ministry,” but also in the “family ministry” that God entrusted him with. /When a pastor lives a model family life, the believers will be taught a lesson through the pastor’s family. /Then the believers’ families will also become families of faith.

/With this we will conclude the second lecture on pastoral theology. /Thank you.