We will begin the 5<sup>th</sup> lecture on the book of John. /The title of chapter 6 is "The Bread of Life." /I will give you the main points of the chapter. /First, the miracle of the five loaves and two fish. /Verses 1-15. /Second, Jesus walks on water. /Verses 16-21.

/Third, food that perishes and food that endures to eternal life. /Verses 22-51. /Fourth, eat the flesh of Jesus and drink his blood. /Verses 52-59. /Fifth, the types of disciples. /Verses 60-71.

/Verse 1. Let us read. /After this Jesus went away to the other side of the Sea of Galilee, which is the Sea of Tiberias.

/Jesus went to the other side of the Sea of Galilee. /The Sea of Galilee is also known as the Sea of Tiberias. /The Sea of Galilee is also called the Lake of Gennesaret. /Luke 5:1

/Verse 2. /And a large crowd was following him, because they saw the signs that he was doing on the sick.

/A large crowd followed Jesus around. /People saw how Jesus healed a man who was sick for 38 years. /From time to time, Jesus would pray at a secluded place. /There are two types of people here.

/The first type are those who want to believe in Jesus and be saved. /The other type are people who follow signs because they want to be healed from sickness. /Verse 4 says that the Passover was at hand.

/Verses 5-6. /Lifting up his eyes, then, and seeing that a large crowd was coming toward him, Jesus said to Philip, "Where are we to buy bread, so that these people may eat?" He said this to test him, for he himself knew what he would do.

/A large crowd came to Jesus at this place. /Jesus asked Philip, / "Where are we to buy bread, so that these people may eat?" /Excluding women and children, five thousand men had gathered.

/If we include women and children, there are about ten thousand people. /Matthew 14:13-21 /Jesus asked Philip this question to test him. /Philip always calculated things.

/Verse 7. /Philip answered him, "Two hundred denarii worth of bread would not be enough for each of them to get a little."

/Philip had calculated the cost of feeding the people. /He told Jesus that it would cost about two hundred denarii. /One denarius is worth one day's wages. /They needed two hundred denarii to feed the people.

/Verse 8. /One of his disciples, Andrew, Simon Peter's brother, said to him,

/Andrew asked Jesus a question. /In Matthew 14:16, Jesus said, "You give them something to eat." /He is telling them to figure things out on their own. /He is telling them to do what they can.

/Verse 9. /"There is a boy here who has five barley loaves and two fish, but what are they for so many?"

/A child had brought with him five barley loaves and two fish. /Jesus had the food brought to him. /Matthew 14:18. /We do not have much. /This bread isn't even good bread. /It is bread made of barley.

/We need to offer these things to God, however small they may be. /If we offer them to God, God will work with what we give to him. /Jesus took the five loaves and two fish and prayed.

/Then, he had his disciples distribute the food to the ten thousand people. /After everyone had eaten fully, twelve baskets were left over. /God had given to them more than enough.

/There is a valuable lesson we need to take from here. /First, God will give us bread if we seek first his kingdom and his righteousness. /We will be given food for the flesh if we seek after food for the spirit.

/Second, God uses people who are as insignificant as a loaf of barley bread. /God works through this person to save lives. /1 Corinthians 1:27-28.

/Third, God uses what little we give him to do great works. /Fourth, this bread refers to Jesus's bread of life. /It symbolizes Jesus's body. /Jesus is the bread of life for our spirits.

/If we give to God what little we have, God will use it to do great things. /During Elisha's time period, the wife of a member of the group of prophets had become poor. 2 Kings 4:1. /Elisha told the woman to ask around the village for empty jars.

/She only had in her possession a bottle of olive oil. /She took what she had and poured it into the empty jars. /She poured the oil into every jar, filling all of them.

/This is the work of God. /We must first seek his kingdom and his righteousness. /We need to first eat food for the spirit. /We need to know that Jesus is our bread of life.

/Verses 14-15. /When the people saw the sign that he had done, they said, "This is indeed the Prophet who is to come into the world!" Perceiving then that they were about to come and take him by force to make him king, Jesus withdrew again to the mountain by himself.

/People believed that Jesus would build his kingdom on this earth. /They tried to make him king. /They believed that if Jesus became king, he would solve their financial problems. /They believed Jesus would heal every sick person.

/That is why they tried to make him king. /However, this is a great test to Jesus. /Jesus went up to the mountain by himself and prayed. /Jesus did not come to be king of the world.

/He came to save our souls. /He is the king of God's kingdom. /He is the king of the universe. /Jesus is the King of kings, the Lord of Lords. /Jesus came to save our spirits, to give us salvation. /He came to forgive our sins.

/Verses 16-17. /When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them.

/Jesus went up to the mountain and prayed. /The disciples were crossing the sea by boat. / Suddenly, strong winds began to blow. /Matthew 14:22-32 /The disciples suffered severely as they tried to row the boat. /They were on the verge of dying.

/Jesus was watching all of this on the mountain. /Early in the morning, Jesus walked on water and came to them. /Jesus calmed the sea. /Jesus goes beyond the laws of nature. /He is the one who created the laws of nature.

/Jesus is God's Son. /He walked on water. /He calmed the winds and the waves. /Jesus commands the winds and the waves.

/Verse 22. /On the next day the crowd that remained on the other side of the sea saw that there had been only one boat there, and that Jesus had not entered the boat with his disciples, but that his disciples had gone away alone.

/A large number of people were looking for Jesus. /Why were they searching for him? /They wanted their sicknesses to go away. /They also started following him after they were full from eating the bread. /In other words, they only followed the signs.

/We need to follow Jesus, who is the author of these signs. /We must follow the true meaning of the signs. /Therefore it is important that we believe in Jesus. /We must not be centered on physical things when we follow Jesus.

/We must not follow Jesus to be healed from sickness. /We must not follow him to solve our problems of the flesh. /We must not follow Jesus for our worldly gains. /We must follow him to bring our spirits to life. /What is important is that we in our faith are blessed before God.

/Verse 27. /Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal."

/Instead of working for food that perishes, /we must work for food that endures to eternal life. /What does it mean to work for food that perishes? /It means following Jesus to heal our physical illnesses.

/It also means following Jesus to eat bread and be full. /It is also following Jesus to succeed. /These are all wrongful ways. /We need to follow Jesus for food that endures to eternal life.

/We need to know that Jesus is our bread of life. /We must receive and eat the word of God. /We must make the word food for our spirit. /We need to bring our spirits to life. /We need to follow the truth.

/We need to follow a good conscience. /We must carry out the mission God has given to us. /Additionally, we must do the work of the world according to God's will.

/Believers, just because something is the work of the church does not mean we are working for food for the spirit. /Working in the world in our businesses and earning money can be food that endures to eternal life.

/How can we make the work of this world become food that endures to eternal life? /Whether we eat or drink or whatever we do, we need to work for the glory of God. /1 Corinthians 10:31

/Verses 28-29. /Then they said to him, "What must we do, to be doing the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent."

/What is the work of God? /It is believing in Jesus, whom God sent. /Believing in Jesus is the work of God. /People asked Jesus to show them signs. /The ancestors of the Israelites ate manna in the wilderness.

/Manna was not only food for the body. /We need to know that the manna was the bread of life given by God. /When God sent manna down, he was giving his people the bread of life. /It also means that Jesus will be the bread of life.

/Verse 35. /Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.

/Jesus is the bread of life. /Our souls come to life when we believe in Jesus. /Through Jesus, we are given life. /Our souls continue to have life because of the word of Jesus.

/Verse 37. /All that the Father gives me will come to me, and whoever comes to me I will never cast out.

/Whoever the Father gives to Jesus will come to Jesus. /Jesus will never cast out anyone who comes to him. /He receives everyone who believes in him.

/Jesus forgives all of our sins. /One of the thieves who died on the cross next to Jesus came to believe in Jesus. /He was a thief, but Jesus saved him.

/Verse 38. /For I have come down from heaven, not to do my own will but the will of him who sent me.

/Jesus came to do the will of God. /He came to fulfill his Father's will. /Verse 40 tells us that the will of the Father is to give life to all who believe in his Son. /In verse 40, "the last day" refers to the day of Jesus's second coming.

/When Jesus returns, all believers will resurrect from the dead. /The will of God the Father is that people believe in Jesus and are given eternal life. /On the last day, Jesus will resurrect everyone who believes.

/Verse 41. /So the Jews grumbled about him, because he said, "I am the bread that came down from heaven."

/Jesus said that he is the bread that came down from heaven. /The Jews grumbled and criticized Jesus. /They evaluated Jesus in the human sense. /The Jews only thought of Jesus as Joseph's son, so they rejected him.

/They merely thought of Jesus in his physical form. /The Jews did not believe Jesus is God's Son. /Verse 44 says no one can come to Jesus unless the Father draws them in.

/We believe in Jesus only if God draws us in. /The Holy Spirit must inspire us to believe in Jesus. /Therefore, our faith is entirely a gift from God. /On the last day, when Jesus comes back, we all will be resurrected from the dead.

Verse 45. /It is written in the Prophets, 'And they will all be taught by God.' Everyone who has heard and learned from the Father comes to me—

/Verse 45 applies Isaiah 54:13. /All who come to Jesus first hear the word of God. /This person receives the word of God through the Holy Spirit. /The Holy Spirit then gives life to the believer.

/Verse 46. /not that anyone has seen the Father except he who is from God; he has seen the Father.

/Only those who are from God have seen the Father. /Through Jesus, we learn about God. /Through Jesus, we believe in God. /Jesus has seen God the Father. /Jesus reveals God to us.

/Verse 47. /Truly, truly, I say to you, whoever believes has eternal life.

/Whoever believes in Jesus has eternal life. /The believer has already obtained eternal life. /1 John 5:13

/Verses 48-50. /I am the bread of life. Your fathers ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die.

/Jesus is the bread of life. /The Israelites ate manna in the wilderness. /The manna symbolizes Jesus. /It teaches us that Jesus is the bread of life. /1 Corinthians 10:3,4 /Jesus is the bread of life that came down from heaven.

/Therefore whoever believes in Jesus will never die. /Our spirits come alive the moment we believe in Jesus. /Also, on the day of Jesus's return, the bodies of believers will come back to life. /We have eternal life if we believe in Jesus. /Every person who believes is given life through Jesus.

/Verses 52-53. /The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you.

/The Jews were thinking with their human wisdom and knowledge. /They did not know what it meant when Jesus said that he would give his flesh as the bread of life. /We must eat the flesh of Jesus and drink his blood.

/The first method by which we can eat Jesus's flesh and drink is blood is /to believe in Jesus. /This means we believe that Jesus shed his blood for us as he died on the cross.

/The second way is to have our spirits communicate with Christ at all times. /The third way is to receive the guidance of Christ and live according to the Bible. /This is how we eat Jesus's flesh and drink his blood.

/Verses 54-55. /Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. For my flesh is true food, and my blood is true drink.

/Whoever believes in Jesus has eternal life. /Every believer will resurrect on the day of Jesus's second coming. /Jesus's flesh is the true food, and his blood is the true drink. /Those who eat of Jesus's flesh and blood will dwell within Christ. /That is how believers are given life. /Jesus is the bread of life that comes from heaven.

/Verse 60. /When many of his disciples heard it, they said, "This is a hard saying; who can listen to it?"

/The disciples did not understand Jesus's teachings. /They did not know what it meant to eat his flesh and drink his blood. /They did not understand the holy truth.

/Verse 61. /But Jesus, knowing in himself that his disciples were grumbling about this, said to them, "Do you take offense at this?

/Jesus's disciples did not understand the truth. /The next verse is about Jesus's ascension.

/Verse 62. Let us read. /Then what if you were to see the Son of Man ascending to where he was before?

/Jesus said that he will ascend to where he was before. /It means Jesus will ascend into heaven.

/Verse 63. /It is the Spirit who gives life; the flesh is no help at all. The words that I have spoken to you are spirit and life.

/The Spirit gives life. /The flesh is no help at all. /The spirits of those who believe in Christ have already come alive. /Jesus has brought our spirits to life. /Therefore we must continue to live with the faith of believing in Jesus.

/It is important that our spirits are alive in our walk of faith. /The verse tells us that the flesh is no help at all. /Here, "flesh" refers to believers living according to the flesh.

/In other words, it refers to believers who are centered on the world. /These believers live for the gains of the flesh. /However, we must live for the glory of God.

/Verse 64. /But there are some of you who do not believe." (For Jesus knew from the beginning who those were who did not believe, and who it was who would betray him.)

/Jesus said that there are those among his believers who do not believe. /He was referring to Judas Iscariot. /Judas Iscariot later sold Jesus. /Jesus knew that Judas Iscariot was not chosen.

/Jesus knew that Judas was not a believer. /Then why did he choose Judas as his disciple? /Jesus chose him because first, he wanted to fulfill the words of the Bible. /Psalm 41:9 /John 13:18

/Second, in future generations, there will be those who are not chosen among pastors and believers. /Third, God sometimes uses those who are not chosen to carry out his movement of salvation. /Fourth, Jesus chose Judas to show that the lives of criminals will end in misery.

/Verse 65. /And he said, "This is why I told you that no one can come to me unless it is granted him by the Father."

/We can only come to Jesus if the Father lets us come to him. /Not everyone can come to Jesus. /Not everyone will understand the truth. /God the Father must guide this person.

/The Holy Spirit must inspire this person to believe and understand. /Thus faith is a gift from God.

/Verse 66. /After this many of his disciples turned back and no longer walked with him.

/Upon hearing Jesus's words, many disciples turned away. /Many people followed Jesus after seeing Jesus feed five thousand people with five loaves and two fish. /However, they all ran away when Jesus told them to eat his flesh and drink his blood.

/Jesus taught the people the holy truth, but they turned away because they did not understand. /Now, only twelve disciples remained. /People flocked to Jesus to be granted their physical requests.

/However, when they are taught the spiritual truth, they run away. /We need to follow Jesus. /We need to follow the truth. /Rather than focusing on the flesh, we need to be focused on our spirits as we follow the Lord.

/Verse 67. /So Jesus said to the Twelve, "Do you want to go away as well?"

/Everyone had left. /Jesus did not hold onto his twelve disciples. /Jesus said, "Do you want to go away as well?" /He is telling them to leave if they want to leave. /Jesus does not put his trust in people.

/Normally, people enjoy having many followers, /and people hate it when others abandon them. /Jesus was not like this. /Jesus was satisfied and rejoiced in knowing that God was with him at all times.

/We will read verse 68 together. / "Simon Peter answered him, "Lord, to whom shall we go? You have the words of eternal life." /Peter gave a great answer. /He believed that Jesus has the words of eternal life.

/Peter understood the words of eternal life. /He understood that Jesus had the words of eternal life. /Hence Peter had nowhere else to go when Jesus told him he could leave.

/Here lie the words of eternal life. /Believers, you must never leave the truth. /We must not abandon the truth and follow the desires of the flesh. /We must not become a church centered on the flesh.

/We must not come to church to be blessed physically. /We must attend church to believe in Jesus and receive holy blessings. /Someone like Peter does not stray from the faith. /Someone like Peter does not abandon the truth. /Peter followed Jesus until the end.

/Verse 69. /and we have believed, and have come to know, that you are the Holy One of God."

/Peter was confident about Jesus. /He believed that Jesus is the Son of God. /Matthew 16:16 /Believing in Jesus and knowing him is eternal life.

/Verses 70-71. /Jesus answered them, "Did I not choose you, the Twelve? And yet one of you is a devil." He spoke of Judas the son of Simon Iscariot, for he, one of the Twelve, was going to betray him.

/Jesus chose twelve disciples. /One of them belongs to the devil. /This person is Judas Iscariot. /Judas Iscariot is not a chosen person. /He is a servant of the devil.

/Later on, Judas sells Jesus. /Like Peter, we must follow the Lord of eternal life. /We need to follow the words of eternal life. /This is the way to receive eternal blessings.

/If we look at the message from today's lecture, we see that some people believed in Jesus. /Some did not believe in him. /Jesus showed people many things that would cause them to believe in him.

/Blessed is the one who believes in Jesus Christ. /We too must have confidence in Jesus, with which we obey and follow him.

/This concludes our 5<sup>th</sup> lecture on the book of John. /Thank you.